



GET FAST, FREE AND CONFIDENTIAL POISON HELP

AVAILABLE 24/7/365 DAYS A YEAR

**Choose one of two ways
to get the help you need.**

Call **1-800-222-1222** to reach your local
poison center and speak with a live poison expert.

Get online poison help by
visiting **PoisonHelp.org**

BE PREPARED ANYWHERE & ANYTIME.



Scan the QR Code to get immediate online poison help and
the latest information on poisoning resources and trends.