

“Be Smart, Keep Kids and Poisons Apart”

DEET SHEET

What you need to know to keep your kids safe when using insect repellents containing DEET (chemical name N,N-diethyl-meta-toluamide)

What is DEET?

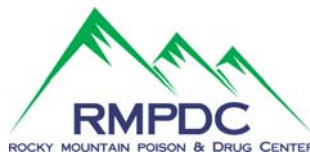
- DEET is the ingredient used in most insect repellents.
- Products containing DEET are available in a variety of forms such as lotions and sprays. These products contain from 4 – 100% DEET.

“Be Smart” Safety Precautions

- Keep products out of reach of children at all times.
- Read and follow the directions on the product label.
- Do not use in children less than 2 months of age.
- Never use greater than 30% DEET on children. Choose the lowest concentration for the time spent outdoors. Ten (10%) DEET is effective for about 2 hours.
- Do not apply over open wounds, abrasions or irritated skin.
- Do not apply to hands or near eyes or mouth of young children.
- Do not use under clothing.
- Avoid prolonged or excessive use. Do not apply DEET more than once a day.
- Apply sparingly to skin or clothing.
- To apply to face, spray on your hands first then rub on child’s face.
- After returning indoors, wash treated skin with soap and water.
- Wash treated clothing before wearing it again.
- Do not spray in enclosed areas.

Health Concerns in Children

- DEET is absorbed through the skin and repeated use can result in greater risk for poisoning.
- Children have a greater chance for DEET poisoning.
- Accidental ingestion of DEET in children may result in serious, rapid poisoning. Effects include sleepiness, drunken walk, confusion, tremors, seizures, coma and sometimes death.
- Skin effects can include burning sensation, blisters and scarring. Both mild and very serious allergic reactions have been reported.



24 hour POISON HOTLINE 1-800-222-1222
Rocky Mountain Poison Center