



Poison Smarts

POISON PREVENTION TIPS FOR THE COMMUNITY

Rocky Mountain Poison Center's specially trained nurses, pharmacists, and paraprofessionals are available to answer your questions at any time, every day of the year! Call us at 1-800-222-1222

When the leaves start turning, it's time for back to school and all the hustle and bustle that comes with it. Driving the kids to soccer practice, the annual trip to the pumpkin patch and finding that perfect Halloween costume. It's easy to overlook poison hazards with everything going on. Take a moment to review these reminders about fall hazards!

At school

Luckily, most school supplies are specially formulated for kids and are usually non-toxic. Non-toxic supplies include: glue sticks and most liquid classroom glues, crayons, colored pencils, markers and pencils.

Watch out for: Hand sanitizers and white board cleaning fluids contain alcohols. If ingested, they can cause stomach upset, stumbling and dizziness. Pencils don't contain lead, but may cause puncture wounds in the esophagus if swallowed.

In the home:



Carbon monoxide- As temperatures start to drop, the furnace kicks on and we start to think about lighting up the fireplace. Without proper maintenance, any appliance that burns fuel can create carbon monoxide! Carbon monoxide is an odorless and colorless gas that causes sleepiness, dizziness, nausea, headaches and flu-like symptoms from low level exposure and serious problems or death from exposure to higher levels.

What you can do: Don't leave your car running in the garage. Have a professional check your furnace's ventilation/duct work for leaks. Remember that routine inspections need to be performed annually. Ensure your fireplace chimney is cleaned properly and there are no blockages. Check for cracks in your chimney that may lead into the house. Utilize carbon monoxide and smoke alarms and make sure the batteries are fresh.

In the car:

When you travel, keep your medications in their original child-resistant containers. If you move them to baggies or other unsecured containers, it's easier for children to access them. Keep your medications with you. When driving with children, don't leave purses/backpacks/diaper bags containing medicines in the back seat within a child's reach. Ensure all automotive cleaners, maintenance fluids and cleaning wipes are out of reach and out of sight.



Reminder! National Lead Poisoning Prevention Week is Oct 21-27, 2018

Celebrating Over 60 Years of Serving the Community & Industry

Poison Center / Drug Center / Research & Consulting / Medical Toxicology

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