



Certified by the American Association of Poison Control Centers

Poison Smarts



POISON PREVENTION TIPS FOR THE COMMUNITY

Rocky Mountain Poison Center's specially trained nurses, pharmacists, and paraprofessionals are available to answer your questions at any time, every day of the year! Call us at 1-800-222-1222

Carbon Monoxide Safety

The start of brisk autumn weather means that our furnaces will be on and fireplaces glowing. Carbon monoxide is a real concern if you're not prepared this fall. Carbon monoxide is a tasteless and odorless gas created by burning fuel. According to the CDC, the number of carbon monoxide poisonings reported every year is over 50,000! Don't be a statistic!



Preventative action checklist

- ✓ Ensure your furnace is inspected regularly by a professional. Replace your filter according to furnace specifications.
- ✓ Check the batteries in your carbon monoxide detectors. Never ignore a beeping alarm or remove the batteries to make it quiet!
- ✓ Never use devices INDOOR that are labeled "for OUTDOOR use only" such as gas powered heaters, stovetops or lanterns.
- ✓ Do not warm your car up in an enclosed garage.
- ✓ If you have a fireplace, make sure the chimney is clear of debris and the flue is open before starting it up for the season. Get your chimney inspected annually and repair as needed to prevent illness or death from carbon monoxide.

Warning signs

Initial signs of carbon monoxide poisoning include sleepiness, dizziness, headache, shortness of breath, nausea, and vomiting. If the affected person does not leave the area, symptoms can escalate to confusion, loss of coordination, loss of consciousness, and death.

What to do if you suspect carbon monoxide poisoning

Immediately open all the windows in the house. Remove everyone to fresh air and call 911. Do not stay in the home. Do not return to the home until emergency responders tell you it's safe to do so.



Celebrating Over 60 Years of Serving the Community & Industry

Poison Center / Drug Center / Research & Consulting / Medical Toxicology

Mailing Address: 777 Bannock Street, Mail Code 0180, Denver, CO 80204-4507

Location: 1391 Speer Boulevard, Suite 600, Denver, CO 80204

T: 303-389-1100 / **F:** 303-389-1119

www.rmpdc.org

Saving Lives With Answers™



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